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INTERNATIONAL CONGRESS ON AYURVEDA YOGA

23-24.11.2019

Saturday – Sunday
st. Bogomolets Academy, 4, Kyiv, 01024
Start 10:00, Free Entry





In support and co-operation with



Day 1 (23.11.2019) Saturday

- 10:00 - 11:30** **Opening Ceremony**
H.E. Partha Satpathi (Ambassador of India to Ukraine)
- 11:30 - 12:30** **Ayurveda's scientific basis for prevention and treatment of the liver and digestive system**
Dr. Rama Kant Yadav
(Head of Postgraduate Education, All India Institute of Ayurveda, New Delhi, India)
- 12:30 - 13:30** **Gynecology and infertility – overcoming problems with the help of Ayurveda**
Dr. Gayatri Bhat
(Doctor of Ayurvedic Medicine, Specialization in Reproductive System)
- 13:30 - 14:00** Coffee / Tea Break (Indian, Ukrainian Cuisine and Drinks)
- 14:00 - 14:45** **Meditation: Be Healthy, its simple**
Mr. Yan Tian
(Certified Meditation Teacher and Maharishi Yoga Asanas)
- 14:45 - 15:45** **The might of Ayurveda**
Dr. Dmitrieva Alla
(Doctor of Medical Sciences, Laureate of State Prize of Ukraine in Science and Technology)

Day 1 (23.11.2019) Saturday

- 15:45 - 16:30** Lunch break (Indian, Ukrainian cuisine and drinks)
- 16:30 - 16:40** **Life without stress. From Ayurveda to the modern evidence-based medicine**
Alexey Andriyanovkov
(Doctor of Philosophy (specialty Pharmacology))
- 16:40 - 17:50** **Ayurveda's scientific basis for prevention and treatment of the nervous system**
Dr. Prasanna Aythal
(Doctor of Medicine and Philosophy in Ayurveda)
- 17:50 - 18:50** **Yoga Science – Prevention and Treatment**
Dr. Bharat Singh
(Doctor of Philosophy, Naturopathy and Yoga; Certified Yoga Teacher and Instructor)
Mr. Konstantin Yaremenko
(Certified Yoga Teacher and Instructor, British School of Yoga, UK)
- 18:50 -** Cultural program, coffee / tea (Indian, Ukrainian cuisine and drinks).

Day 2 (24.11.2019) Sunday

- 10:00 - 11:00** **Application of Ayurvedic approach for correction state of physiology and the prospect of implementing dynamic monitoring**
Mr Victor Matsyshyn
(Neuropathologist, Ayurveda Specialist, Certified Teacher of Transcendental Meditation)
- 11:00 - 11:50** **Yoga therapy – musculoskeletal system**
Dr. Bharat Singh
(Doctor of Philosophy, Naturopathy and Yoga; Certified Yoga Teacher and Instructor)
- 11:50 - 12:00** **A special place for hydrolysates in modern aromatherapy**
Lyubchenko Inessa Petrovna (Neonatologist)
- 12:00 - 12:30** Coffee / Tea Break (Indian, Ukrainian Cuisine and Drinks)
- 12:30 - 13:00** **Ayurvedic Science Foundation for Prevention and treatment of heart disease**
Professor (Dr.) Ganesha Dutt Sharma
(Doctor of Philosophy and Yoga, Former Head of the Department of Yoga Sciences, Dean of Patanjali University, India)
- 13:00 - 14:00** **Scientific basis of Ayurveda Science for Prevention and treatment of kidney disorders**
Dr. Rama Kant Yadav (Head of Postgraduate Education, All India Institute of Ayurveda, New Delhi, India)

Day 2 (24.11.2019) Sunday

- 14:00 - 15:00** **Scientific base of Ayurveda for Recovery after child birth, endometriosis and thyroid disorders**
Dr. Gayatri Bhat
(Doctor of Ayurvedic Medicine, specialization in the reproductive system)
- 15:00 - 15:45** Lunch Break (Indian, Ukrainian Cuisine and Drinks)
- 15:45 - 16:35** **Scientific base of Ayurveda for Prevention and treatment of diabetes and obesity**
Dr. Prasanna Aythal
(Doctor of Medicine and Philosophy in Ayurveda)
- 16:35 - 16:45** Gamma syrup: Applied Ayurveda in overcoming cough
Berkalo Natalia
(Doctor of Philosophy (specialty Pharmacology))
- 16:45 - 17:15** **Ayurvedic diet – foundation of health and beauty**
Ms. Tatiana Martynovska's
(Ayurvedic Nutrition Specialist)
- 17:15 - 17:45** Coffee / Tea Break (Indian, Ukrainian Cuisine & Drinks)
- 17:45 - 18:00** **Gastrointestinal diseases from the point of view of Ayurveda**
Mr. Vitaliy Demkovich (Graduate specialist of Ayurveda)
- 18:00 - 18:30** **The scientific base of yoga and meditation**
Mr. Arnab Roychuramoni (Yoga and Meditation Specialist)
- 18:30 -** **Closing ceremony**



Dr. Rama Kant Yadava
(Head of the Post Graduate
Department All India Institute
of Ayurveda, New Delhi,
India)



Mr. Yan Tian
(Certified Teacher
of Transcendental Meditation
and Yoga Asanas of Maharishi)



Dr. S. G. Prasanna Aithal
(Bachelor of Ayurveda
Medicine and Surgery)



Mr. Konstantin Yaremenko
(Certified teacher and a yoga
instructor, British Yoga
School, United Kingdom)



**Professor (Dr.) Ganesh
Datt Sharma**
(Formerly Head of the
Department of Yoga Sciences,
Dean (Academics) & Registrar,
University of Patanjali, India)



Vitaliy Demkovich
(Graduate specialist
in Ayurveda)



Mr. Alexey Andriyanenko
(Doctor of Philosophy
(specialty Pharmacology))



Dr. Gayathri Bhat N. V.
(Doctor of Ayurvedic
Medicine, Specialization
in Reproductive System)



Dr. Dmitrieva Alla
(Doctor of Medical Sciences,
Laureate of State Prize
of Ukraine in Science
and Technology)



Dr. Bharat Singh
(Doctor of Philosophy,
Naturopathy and Yoga;
Certified Yoga Teacher
and Instructor)



Mr. Matsyshin Victor
(Neuropathologist, Ayurveda
Specialist, Certified Teacher
of Transcendental Meditation)



Mrs. Tatyana Martynovskaya
(Ayurvedic Nutrition
Specialist)



Mr. Arnab Roychuramony
(Yoga and Meditation
Specialist)



Mrs. Inessa Lubchenko
(Neonatologist)



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Ayurveda cafe.